

The Coastal Tour

Sunday 11th May 2008



Dromara Cycling Club's "Coastal" is an annual event for many cyclists. From the leisure cyclist to the more focused fitness or club rider the coastal has something for everyone. **Two distances are offered, 85 km (53 miles) and 115 km (71 miles), starting from Dromara Football club located on the Rathfriland Road, Dromara on Sunday 11 May 2008.** Sign on will open at 8:45 am and the event will start at 9:30 am after a quick photo call. The tour offers a great day out with like minded people going at a pace that suits you. Along the way you can take in the fabulous scenic route along the south Down coastline and the shores of Strangford Lough.

There is a food stop arranged in Strangford where cyclists can eat and chat before heading back onto the road again. Just outside Quoile, riders can decide which route to take back. Either they can continue enjoying the coastal scenery and go the longer route or take the more direct route back to Dromara via Ballynahinch. Once back in Dromara there is another opportunity to eat and a chance to relax amongst friends

The club is looking for a great turn out this year again, not only to encourage more people to experience the pleasures of cycling in a group around this part of the countryside but also to help raise funds for the club's chosen charity, the **Northern Ireland Children's Cancer Home, Shimna Valley.**

The fee for the event will be £10, for CTC or Cycling Ireland members. For those who are not members, the fees will be £12 for third party cover or £18 if you wish to take out a Cycling Ireland 1 day licence which will give you personal accident cover.

For more information on the Coastal tour please visit Dromara CC's popular website www.dromaracc.co.uk or contact **Trevor Annett**, the club secretary, on 077143 82158 or email trevor@dromaracc.co.uk

We hope you can join us!



Other Dates in 2008

The Mourne Sportive
Hilly 125, 80, 60

Dromara
Sunday 10th August 2008.

For further details of these and other events please contact Dromara Cycling Club's secretary, Trevor, on 07714 382158 or email: trevor@dromaracc.co.uk

Dromara Cycling Club is affiliated to Cycling Ireland to provide insurance cover for both the club and its members. Cycling Ireland licences for leisure cycling start from £35 for adults, which gives you personal accident cover whilst cycling. For Children under 18 Cycling Ireland Licences start from £5, this allows them to take part in all competition. Dromara Club membership is £10, free to under 18's.